

## Adenosine Myocardial Perfusion Imaging Test (Two Days)

DEAR \_\_\_\_\_

This is a letter to remind you of your scheduled appointments for:

Day 1 (rest/stress) \_\_\_\_\_ and Day 2 (rest/stress) \_\_\_\_\_.  
(date/time) (date/time)

**Please check in at:**

( ) MN Heart Clinic	( ) Fairview Southdale Hospital	( ) Fairview Ridges Hospital
Suite W300	Welcome Desk (1 <sup>st</sup> Floor)	Radiology Dept
952-836-3770	952-924-1450	952-892-2374

***Please complete attached medication form and bring with you to your appointment.***

**INSTRUCTIONS FOR BOTH DAYS OF EXAM:**

1. Nothing to eat or drink, except water, for two (2) hours prior to the test.
2. Plan 1½ – 2 hours each day of the exam.
3. No Smoking.
4. If you wear a NITRO-PATCH, do not put one on the morning of the test.
5. If you are diabetic see specific insulin instructions below.

**ADDITIONAL INSTRUCTIONS FOR STRESS PORTION OF EXAM:**

1. Wear a comfortable 2 piece outfit.
2. If you are on inhalers, use them as prescribed and bring along to appointment.
3. **NO CAFFEINE (or DECAF) FOR 24 HOURS** prior to the stress portion of the exam. Examples: tea, coffee, pop, any chocolate products, Anacin, Excedrin, Cafergot, Esgic, Fiorecet, Fiorinal, Norgesic, Synalgos, Wigraine, No Doz, Vivarin. Other products/medications may contain caffeine, if in doubt, read the labels or call your pharmacist.
4. Hold Dypridamole/Permole/Persantine/Pletal/Cilostazol/Aggrenox **for 24 hours** prior to the stress test.
5. Do not take **Theophylline** (See list below) products:  
on \_\_\_\_\_ (day before stress test) and \_\_\_\_\_ (day of stress test).

**THEOPHYLLINE PRODUCTS**

Accurbron, Aerolate, Aminophylline, Aquaphyllin, Asmalix, Bronkodyl, Contant T, Dilor, Dyphylline Elixophylline, Elixophyllin, Lanophyllin, Marox, Nuelin, Pentoxifylline, Primatene, Quadrinal, Quibron, Respbid, Slo bid, Slo-phyllin, Sustaire, Theo 24, Theolate, Theopid Duracaps, Theochron, Theoclear, Theodur and Sprinkle, Theolair, Theospan, Theophylline, Theo –Time, Theovent, Trental, T-PHYL, Tedral SA, Theo-Organidin, Theo-Sav, Theostat, TheoX, Uniphyl, UnidurLufyllin,

**DIABETIC INSTRUCTIONS FOR BOTH DAYS OF THE EXAM:**

Eat 2 hours prior to appointment times and take a.m. diabetic meds/insulin as usual. If unable to eat breakfast, hold diabetic medications and bring with.

***Please be advised that if you are having your procedure performed at the hospital there is the chance that an emergency may arise and your doctor may not be able to start your procedure at its originally scheduled time.***

***This imaging test is billed as an outpatient hospital procedure. For Fairview pricing, please call 612-672-1048 or contact your insurance company for further information. You will be responsible for charges not covered by your insurance.***

If you have no insurance and are self-paying, please call 952-924-8440.