

MINNESOTA HEART CLINIC (FV Southdale)
Instructions for **Cardioversion**

1. In preparation for your cardioversion, you will need to take **Coumadin**(a blood thinning medication). This medication requires lab testing (INR) to be checked at frequent intervals.
 - Your INR value must be greater than 2.0 for ***four consecutive weeks*** (if at any time during this preparation your INR drops below 2.0, the 28 days must be restarted).
 - **You will need to have your INR drawn on a weekly basis until your Cardioversion has been successfully completed.**
2. The day of the Cardioversion, we require that you do the following:
 - a. **Nothing** to eat or drink after midnight.
 - b. Take your medications with small sips of water.
 - c. Hold your **diuretic** (water pill) until you return home from your procedure.
 - d. If you take **Lanoxin/Digoxin**, **do not** take the morning of the cardioversion
 - e. Diabetics, in addition to the above medication instructions, please do the following:
 - If you take **oral diabetic medications** do not take on the morning of the procedure.
 - If you take **Insulin** contact your Primary Care MD for the recommended dosage to take the morning of the procedure.
3. Your procedure will be done at Fairview Southdale Hospital. Please park in the East Ramp **behind** the hospital. You will enter through the emergency room and proceed to check in at the Eye Center on: _____ at _____
(Time) (Date)
4. You will be unable to drive after you procedure; please arrange to have someone drive you home the day of your procedure. You will also need to make sure that you will have a responsible adult with you for 24 hours after your procedure. Your procedure will be cancelled if you do not have transportation home or someone to stay with your for 24 hours.
5. If you have questions about your upcoming procedure, please contact Minnesota Heart Clinic at 952-836-3700.