

MINNESOTA HEART CLINIC (FV Ridges)

Instructions for Transesophageal Echocardiogram (TEE)

1. In preparation for a TEE, we require that you do the following:
 - **Nothing** to eat or drink 6 hours before the procedure.
 - Take your medications with small sips of water.
 - Hold your diuretic(water pill) until you return home from your procedure.
 - If you take **oral diabetic medications** do not take the morning of the procedure.
 - If you take **Insulin** contact your Primary Care MD for the recommended dosage to take the morning of the procedure.
2. You will not be able to drive home the day of your procedure, please arrange to have someone take you home. You will also need to make sure that there is a responsible adult with you for 24 hours after your procedure. Your procedure will be cancelled if you do not have transportation home or someone to stay with you for 24 hours.
3. Your procedure will be done at Fairview Ridges Hospital. Please park in the main parking lot in the front of the hospital. Go into the main entrance of the hospital and ask at the information desk for the Cardiopulmonary Department. Proceed to the Cardiopulmonary Department and check in on:
_____ at _____.
(Date) (Time)
4. If you have questions about your upcoming procedure, please contact Minnesota Heart Clinic at (952) 836-3700.